

**Mission Statement**

To build resilience and improve the lives of those affected by mental illness in our community through education, resources, support and advocacy.

**First Church Congregational  
Eliot Library  
148 Beach Road, Fairfield 06824**

**namifairfield@gmail.com  
www.namifairfield.org  
203.586.0826**

**You Are Not Alone!**

All programs are free and open to the public.  
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**Support Groups**

Peer-led support groups for family members of individuals living with mental illness.

**3rd Wednesday of each month at 7:30-9:00PM**

First Church, Fairfield

**4th Tuesday of each month at 7:00-8:30PM**

Birdseye Municipal Complex, Stratford

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**Speaker Series**

Informative, professional speakers discuss the many aspects of mental illness and brain disorders.

**1st Wednesday of each month at 7:30-9:00PM**

(except Jul/Aug)

First Church, Fairfield

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**NAMI Book Club**

Meet and discuss compelling books related to mental health and brain disorders.

**2nd Thursday in September, November, January,**

**March, May**

Fairfield Public Library, Jennings Room

**7:00-8:30PM**

**Additional Information**

www.nami.org (national)  
www.namict.org (state) 860.882.0236

DMHAS Mobile Crisis 800.586.9903  
Fairfield Police /CIT 203.254.4807  
Fairfield Social Services 203.256.3170

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**Membership Sign-up/Renewal Form**

To become a member or renew a membership with a credit card, log on to namict.org and click "Get Involved--Membership"

To become a member or renew a membership by check, fill out the membership form below and mail to

**NAMI CT**

1030 New Britain Avenue  
West Hartford, CT 06110

\_\_\_\_\_  
NAME

\_\_\_\_\_  
Address

\_\_\_\_\_  
City State Zip

Annual Membership		
____ Individual Membership		\$40
____ Household Membership		\$60
____ Open Door Membership		\$ 5

Please check all that apply:

- Current NAMI CT/Fairfield member
- Consumer
- Family Member (of a child/adolescent)
- Adult child of a person with mental illness
- Mental Health Advocate
- Mental Health or other Provider

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**Cancellations**

Please check the NAMI Fairfield website, email blasts, and the phone system after 3PM on the day of the event for cancellations.